



MANAGEMENT FOR NIGERIA: RESOURCE-APPROPRIATE STRATEGIES FOR TREATMENT IMPLEMENTATION

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www.bhgi.info



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CANCER MANAGEMENT FOR NIGERIA

- Multidisciplinary Treatment
- Care Network Assessment
- Implementation Strategies

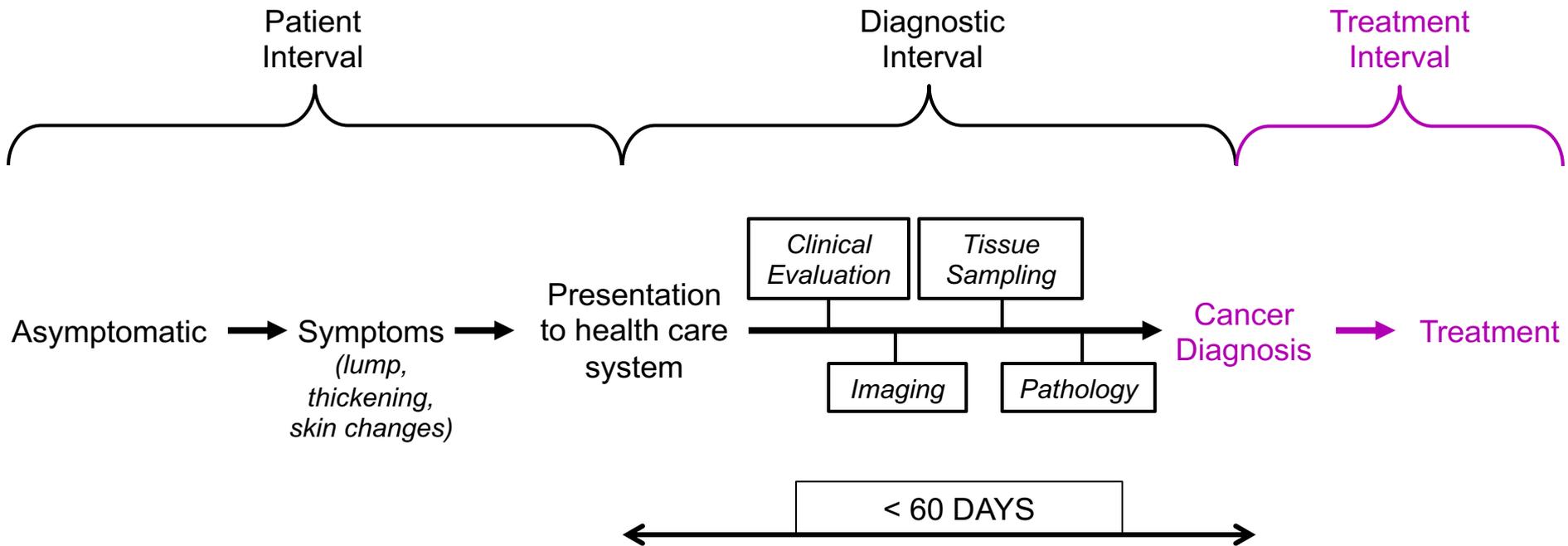


CANCER MANAGEMENT FOR NIGERIA

- **Multidisciplinary Treatment**
- **Care Network Assessment**
- **Implementation Strategies**



CANCER CONTROL STRATEGIES BREAST CANCER PATHWAY





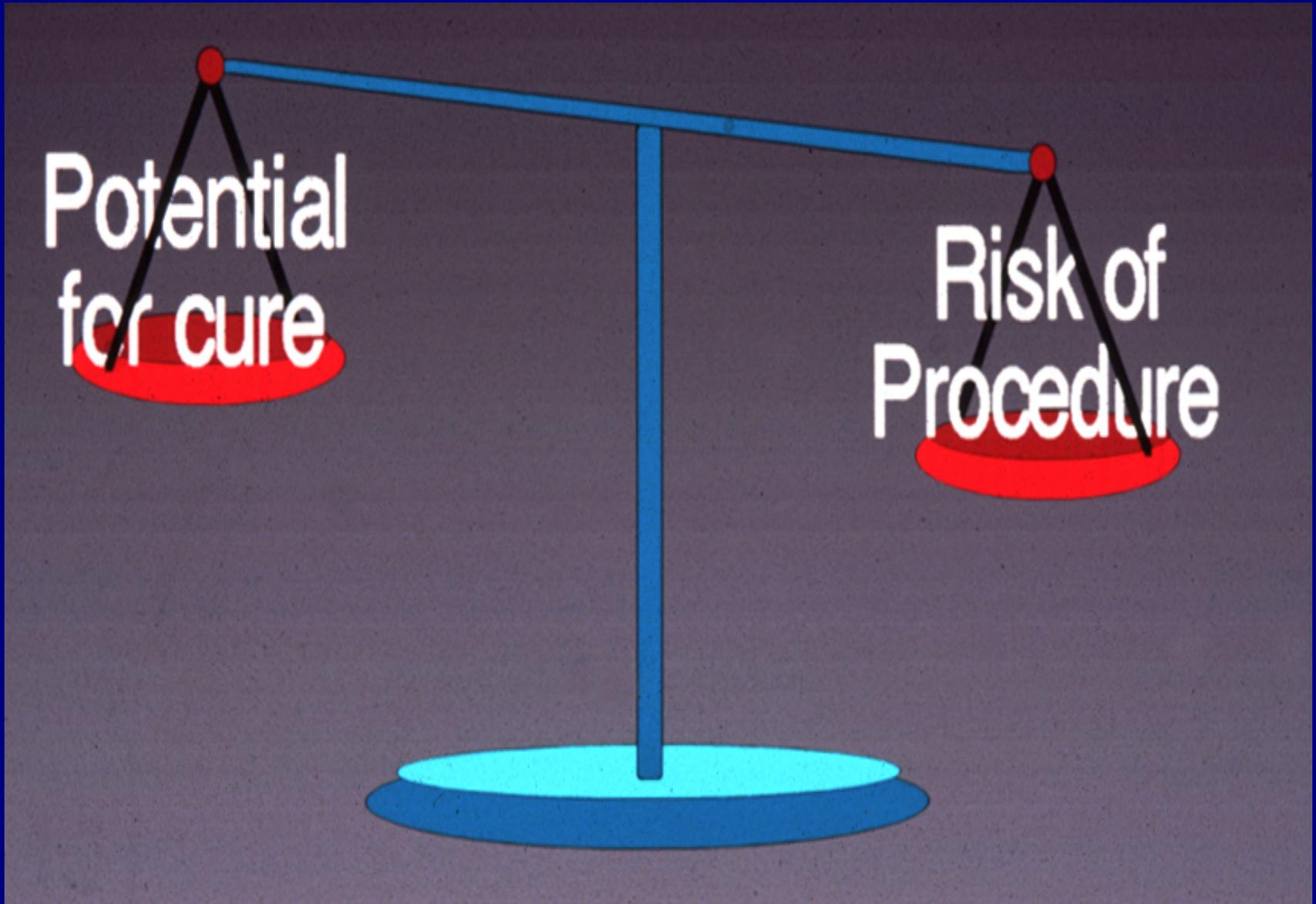
RADICAL MASTECTOMY



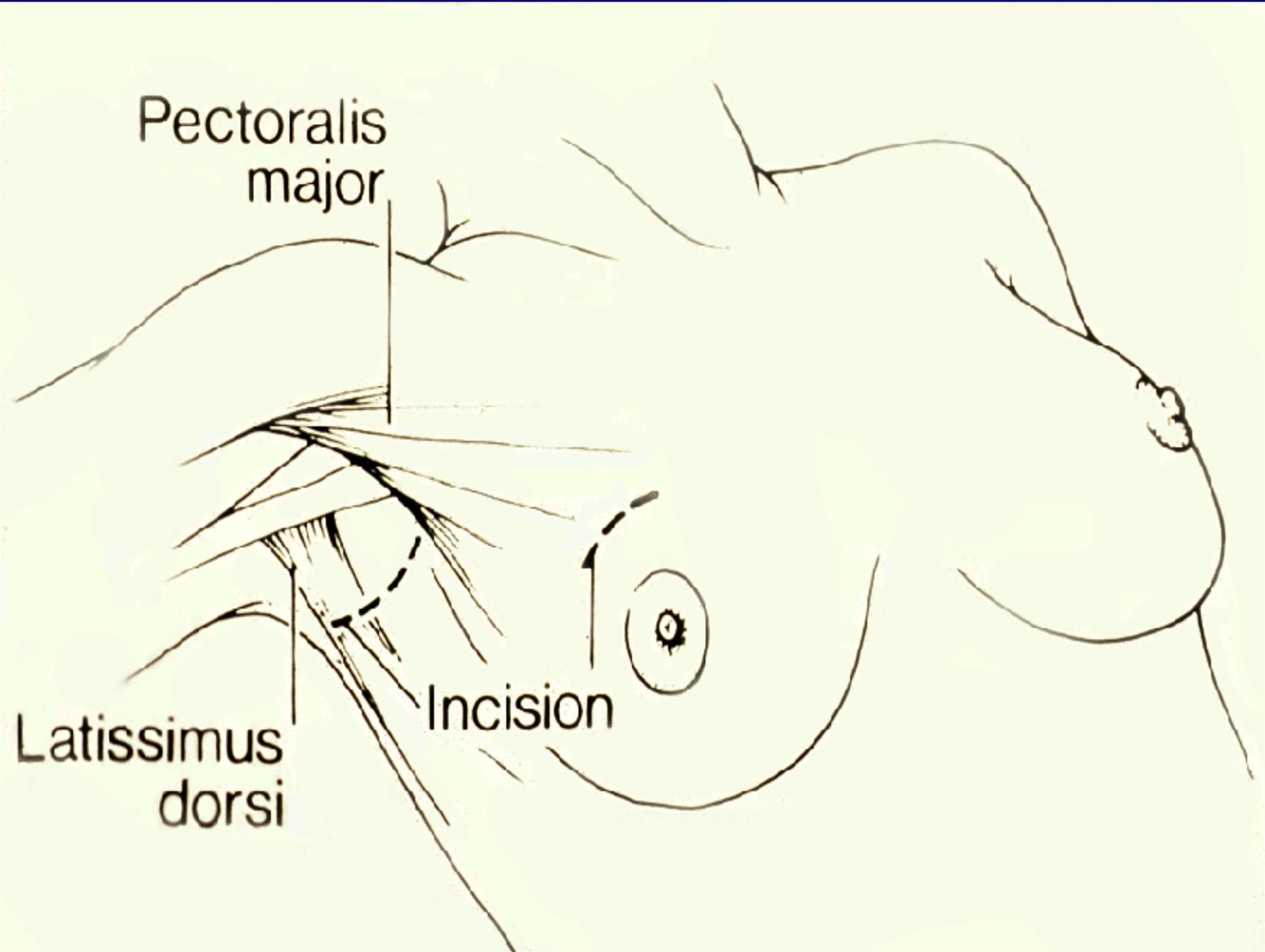
MODIFIED RADICAL MASTECTOMY



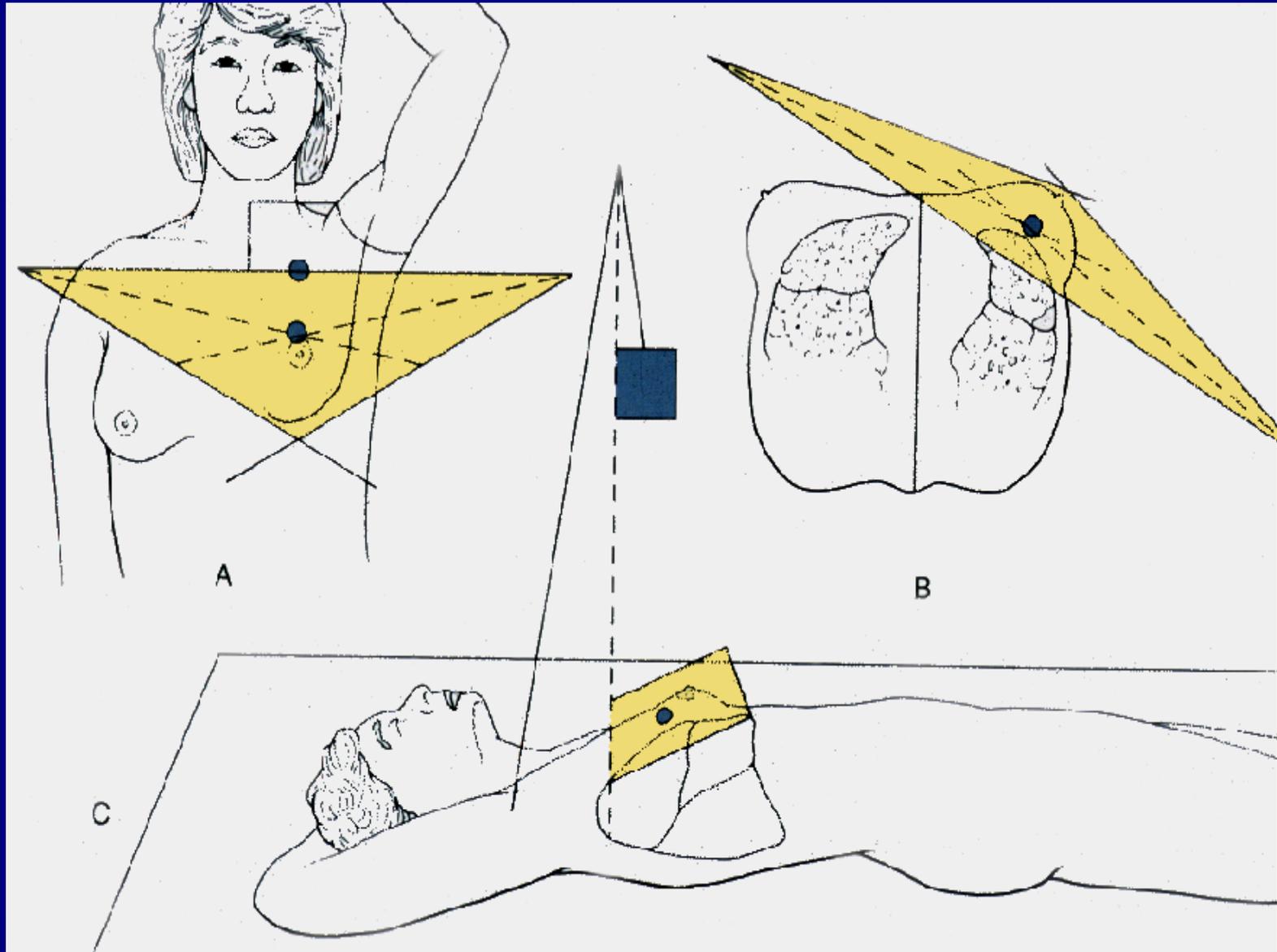
EVOLUTION IN CANCER TREATMENT

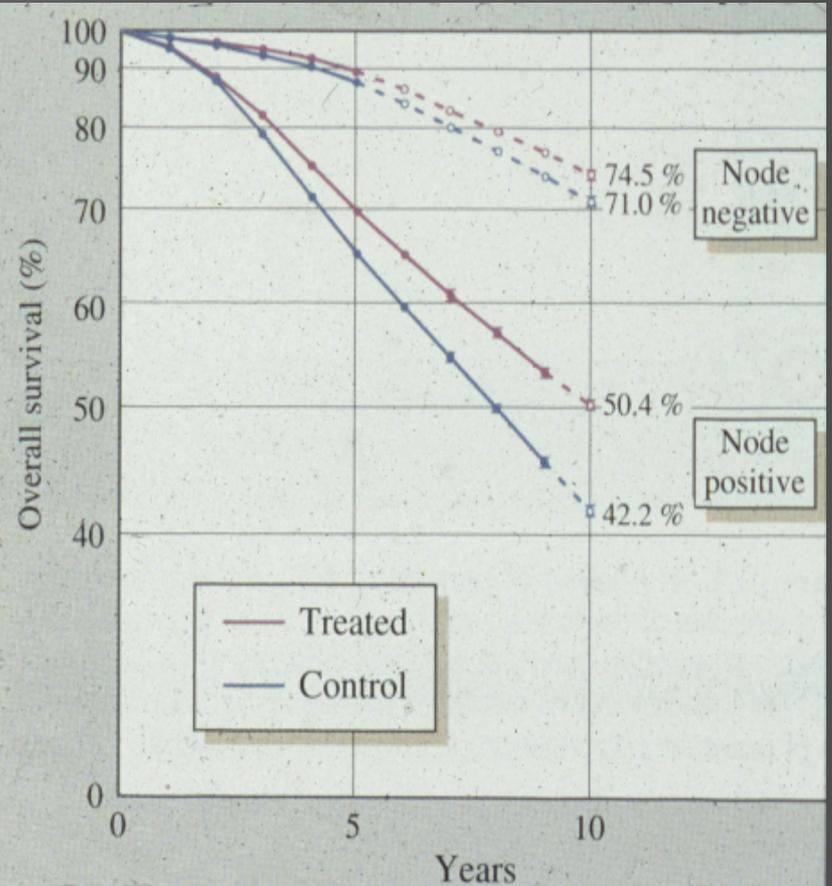
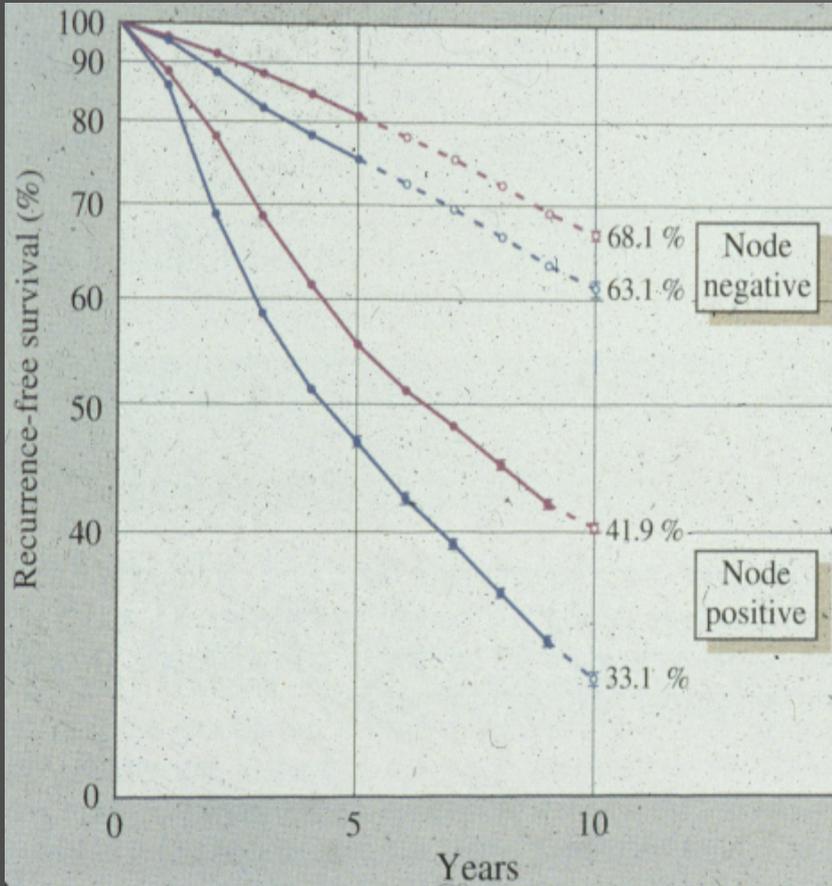


BREAST CONSERVING SURGERY

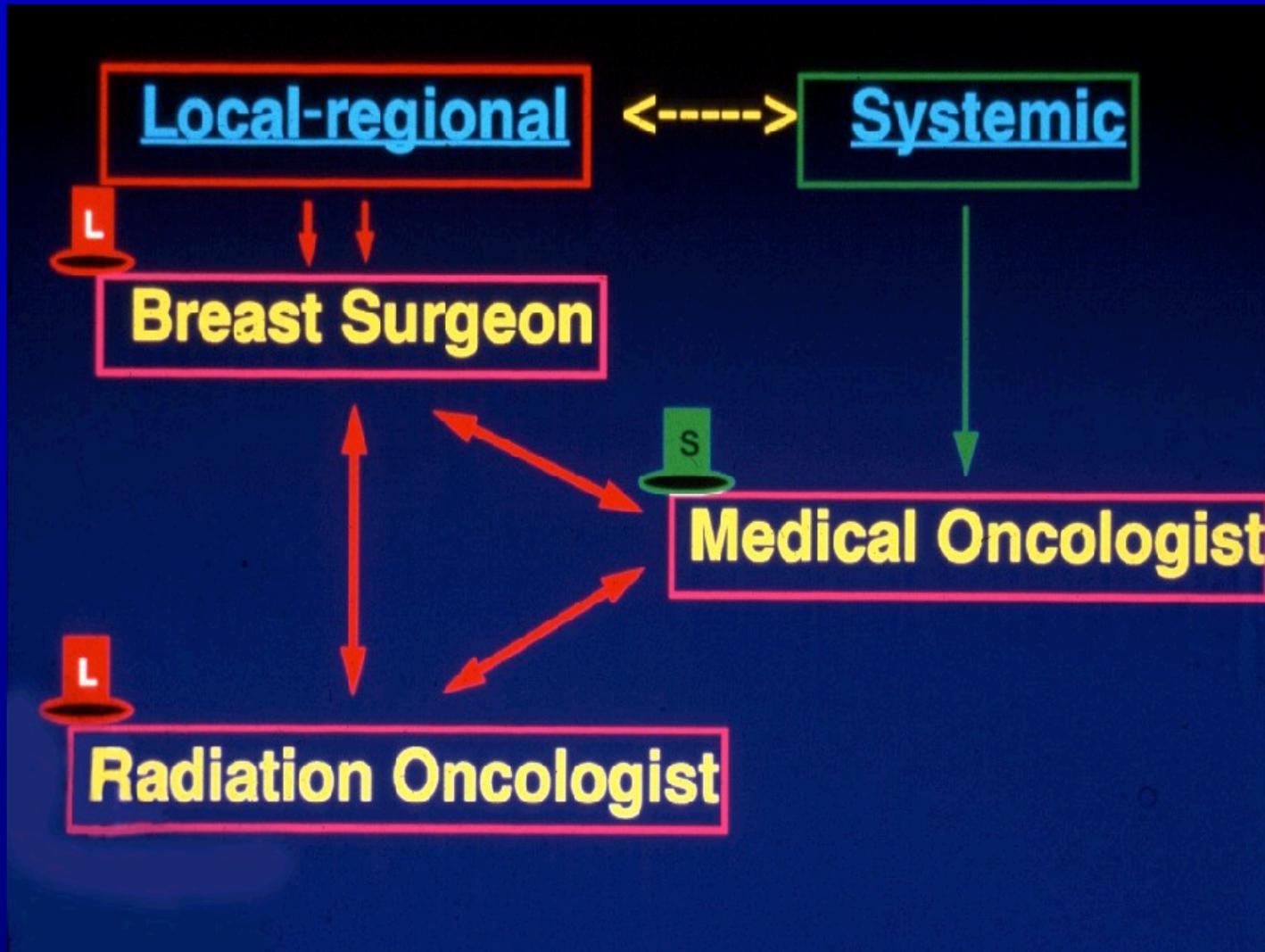


BREAST CONSERVING RADIATION THERAPY





BREAST CANCER TREATMENT





TREATMENT – LOCALLY ADVANCED

| Level of resources | Local-Regional Treatment | | Systemic Treatment (Adjuvant or Neoadjuvant) | | |
|--------------------|--|---|--|---|--|
| | Surgery | Radiation Therapy | Chemotherapy | Endocrine Therapy | Biological Therapy |
| Basic | Modified radical mastectomy | * | Preoperative chemotherapy with AC, EC, FAC or CMF† | Oophorectomy in premenopausal women Tamoxifen‡ | |
| Limited | | Postmastectomy irradiation of chest wall and regional nodes* | | | § |
| Enhanced | Breast-conserving surgery Breast reconstruction surgery | Breast-conserving whole-breast irradiation as part of breast-conserving therapy | Taxanes | Aromatase inhibitors LH-RH agonists | Trastuzumab for treating HER-2/neu positive disease§ |
| Maximal | | | Growth factors Dose-dense chemotherapy | | |

Cancer: 113 (8 suppl), 2008



NCCN Harmonized Guidelines™ for Sub-Saharan Africa

Breast Cancer

Version 2.2017 — November 3, 2017

NCCN.org

NCCN Guidelines for Patients® available at www.nccn.org/patients

Continue

| CLINICAL STAGE | WORKUP |
|---|--|
| Stage I T1, N0, M0 or Stage IIA T0, N1, M0 T1, N1, M0 T2, N0, M0 or Stage IIB T2, N1, M0 T3, N0, M0 or Stage IIIA T3, N1, M0 | <ul style="list-style-type: none"> • History and physical exam • Diagnostic bilateral mammogram; ultrasound as necessary • Pathology review^a • Determination of tumor estrogen/progesterone receptor (ER/PR) status and HER2 status^{b, **} • Genetic counseling if patient is high risk for hereditary breast cancer^c • Breast MRI^d (optional), with special consideration for mammographically occult tumors • Counseling for fertility concerns if premenopausal^e • Assess for distress^f <p>For clinical stage I-IIB, consider additional studies only if directed by signs or symptoms:^g</p> <ul style="list-style-type: none"> • Complete blood count (CBC) • Comprehensive metabolic panel, including liver function tests and alkaline phosphatase • Bone scan indicated if localized bone pain or elevated alkaline phosphatase • Abdominal ± pelvic diagnostic CT with contrast or MRI with contrast indicated if elevated alkaline phosphatase, abnormal liver function tests, abdominal symptoms, or abnormal physical examination of the abdomen or pelvis • Chest diagnostic CT with contrast (if pulmonary symptoms present) • Chest x-ray and abdominal ultrasound (including asymptomatic patients) <p>If clinical stage IIIA (T3, N1, M0) consider:</p> <ul style="list-style-type: none"> • CBC • Comprehensive metabolic panel, including liver function tests and alkaline phosphatase • Chest x-ray and abdominal ultrasound (including asymptomatic patients) • Chest diagnostic CT with contrast • Abdominal ± pelvic diagnostic CT with contrast or MRI with contrast • Bone scan or sodium fluoride PET/CT^h (category 2B) • FDG PET/CT^{i, j} (optional) <p>See Preoperative Systemic Therapy for Operable Breast Cancer: Workup (BINV-10) or See Preoperative Systemic Therapy for Inoperable or Locally Advanced Breast Cancer (Non-Inflammatory): Workup (BINV-14)</p> |
| If considering preoperative systemic therapy for Stage II and III | |

See
[Locoregional Treatment \(BINV-2\)](#)^k

^aThe panel endorses the College of American Pathologists Protocol for pathology reporting for all invasive and noninvasive carcinomas of the breast. <http://www.cap.org>.

^bSee Principles of HER2 Testing (BINV-A).

^cSee NCCN Guidelines for Genetic/Familial High-Risk Assessment: Breast and Ovarian.

^dSee Principles of Dedicated Breast MRI Testing (BINV-B).

^eSee Fertility and Birth Control (BINV-C).

^fSee NCCN Guidelines for Distress Management.

^gRoutine systemic staging is not indicated for early breast cancer in the absence of symptoms.

^hIf FDG PET/CT is performed and clearly indicates bone metastasis, on both the PET and CT component, bone scan or sodium fluoride PET/CT may not be needed.

*At a basic level, have a discussion with patient and family members.

**If HER2 testing is not available, follow HER-negative pathway.

ⁱFDG PET/CT can be performed at the same time as diagnostic CT. The use of PET or PET/CT is not indicated in the staging of clinical stage I, II, or operable stage III breast cancer. FDG PET/CT is most helpful in situations where standard staging studies are equivocal or suspicious, especially in the setting of locally advanced or metastatic disease.

^jFDG PET/CT may also be helpful in identifying unsuspected regional nodal disease and/or distant metastases in locally advanced breast cancer when used in addition to standard staging studies.

^kSee NCCN Guidelines for Older Adult Oncology for special treatment considerations.

Note: This is the NCCN Harmonized Guidelines™ for Sub-Saharan Africa. For definitions, see page DEF-1.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

LOCOREGIONAL TREATMENT OF CLINICAL STAGE I, IIA, OR IIB DISEASE OR T3, N1, M0^k

Excision to negative margins with surgical axillary staging (category 1)^{l,m,n}
This pathway should only be followed if radiation therapy is available.

≥4 positive^q
axillary nodes

Radiation therapy to whole breast with or without boost^f to tumor bed (category 1), infraclavicular region, supraclavicular area, internal mammary nodes, and any part of the axillary bed at risk (category 1). It is common for radiation therapy to follow chemotherapy when chemotherapy is indicated.

1–3 positive
axillary nodes

Radiation therapy to whole breast with or without boost^f to tumor bed (category 1). Strongly consider radiation therapy to infraclavicular region, supraclavicular area, internal mammary nodes, and any part of the axillary bed at risk. It is common for radiation therapy to follow chemotherapy when chemotherapy is indicated.

or
Negative
axillary nodes

Radiation therapy to whole breast with or without boost^f to tumor bed, and consider regional nodal radiation in patients with central/medial tumors or tumors >2 cm with other high-risk features (young age or extensive lymphovascular invasion [LVI]).
or
Consideration of accelerated partial breast irradiation (APBI) in selected low-risk patients.^{r,s}
It is common for radiation therapy to follow chemotherapy when chemotherapy is indicated.^t

See
BINV-4

Total mastectomy** with surgical axillary staging^{l,m,o} (category 1) ± reconstruction^p
or
If T2 or T3 and fulfills criteria for breast-conserving therapy except for sizeⁿ

See [Locoregional Treatment \(BINV-3\)](#)

Consider [Preoperative Systemic Therapy Guideline \(BINV-10\)](#)

ⁿIf axillary staging is not adequate, then follow the ration pathway for >4 positive axillary nodes.

^{**}If radiotherapy is not available then total mastectomy

^kSee [NCCN Guidelines for Older Adult Oncology](#) for special treatment considerations.

^lLevel I/II axillary dissection or See [Surgical Axillary Staging \(BINV-D\)](#).

^mSee [Axillary Lymph Node Staging \(BINV-E\)](#) and [Margin Status in Infiltrating Carcinoma \(BINV-F\)](#).

ⁿSee [Special Considerations to Breast-Conserving Therapy Requiring Radiation Therapy \(BINV-G\)](#).

^oExcept as outlined in the [NCCN Guidelines for Genetic/Familial High-Risk Assessment: Breast and Ovarian](#) and the [NCCN Guidelines for Breast Cancer Risk Reduction](#), prophylactic mastectomy of a breast contralateral to a known unilateral breast cancer is discouraged. When considered, the small benefits from contralateral prophylactic mastectomy for women with unilateral breast cancer must be balanced with the risk of

recurrent disease from the known ipsilateral breast cancer, psychological and social issues of bilateral mastectomy, and the risks of contralateral mastectomy. The use of a prophylactic mastectomy contralateral to a breast treated with breast-conserving therapy is very strongly discouraged.

^pSee [Principles of Breast Reconstruction Following Surgery \(BINV-H\)](#).

^qConsider imaging for systemic staging, including chest/abdominal ± pelvic diagnostic CT with contrast, bone scan, and optional FDG PET/CT (See [BINV-1](#)).

^rSee [Principles of Radiation Therapy \(BINV-I\)](#).

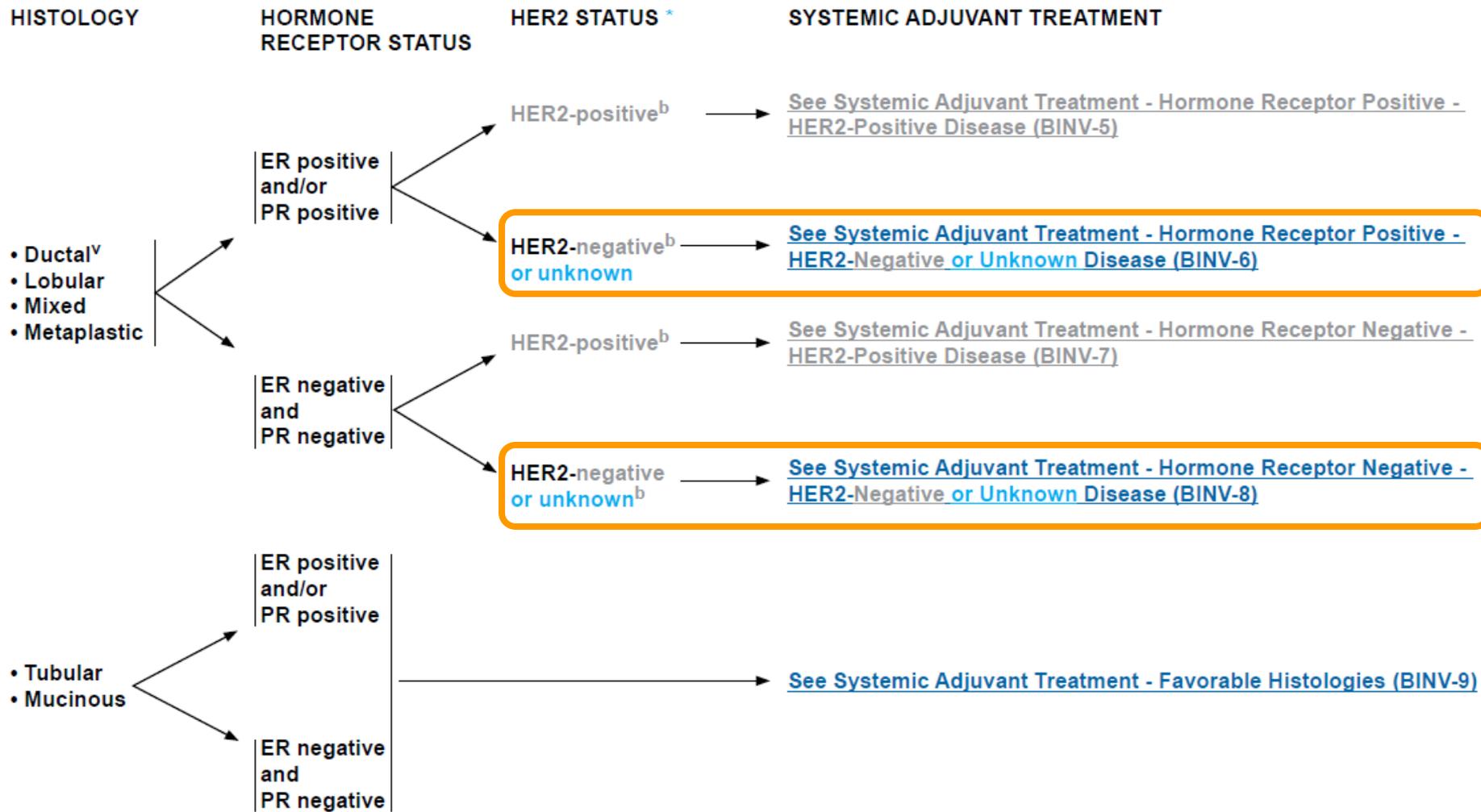
^sPBI may be administered prior to chemotherapy.

^tBreast irradiation may be omitted in patients ≥70 y of age with estrogen-receptor positive, clinically node-negative, T1 tumors who receive adjuvant endocrine therapy (category 1).

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Note: All recommendations are category 2A unless otherwise indicated.

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*If HER2 status unknown, follow the negative path.

^bSee Principles of HER2 Testing (BINV-A).

^vThis includes medullary and micropapillary subtypes.

Note: This is the NCCN Harmonized Guidelines™ for Sub-Saharan Africa. For definitions, see page DEF-1.

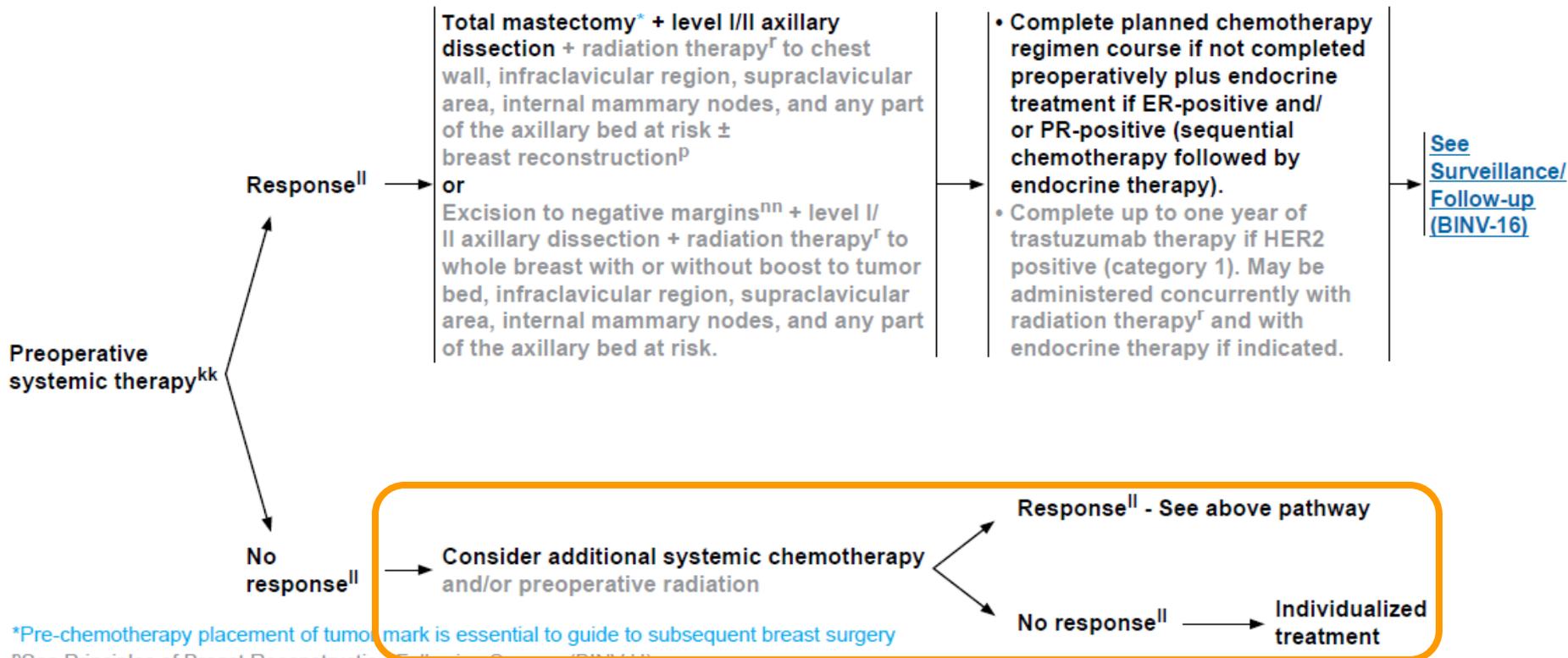
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PREOPERATIVE SYSTEMIC THERAPY FOR INOPERABLE OR LOCALLY ADVANCED BREAST CANCER (NON-INFLAMMATORY)

LOCOREGIONAL TREATMENT

ADJUVANT TREATMENT



*Pre-chemotherapy placement of tumor mark is essential to guide to subsequent breast surgery

^pSee Principles of Breast Reconstruction Following Surgery (BINV-I1).

^fSee Principles of Radiation Therapy (BINV-I).

^{kk}See Principles of Preoperative Systemic Therapy (BINV-L).

^{ll}The accurate assessment of in-breast tumor or regional lymph node response to preoperative systemic therapy is difficult, and should include physical examination and performance of imaging studies (mammogram and/or breast MRI) that were abnormal at the time of initial tumor staging. Selection of imaging methods prior to surgery should be determined by the multidisciplinary team.

ⁿⁿFor patients with skin and/or chest wall involvement (T4 non-inflammatory) prior to preoperative systemic therapy, breast conservation may be performed in carefully selected patients based on a multidisciplinary assessment of local recurrence risk. In addition to standard contraindications to breast conservation (see BINV-G), exclusion criteria for breast conservation include: inflammatory (T4d) disease before preoperative systemic therapy and incomplete resolution of skin involvement after preoperative systemic therapy.

Note: This is the NCCN Harmonized Guidelines™ for Sub-Saharan Africa. For definitions, see page DEF-1.

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SITUATION ANALYSIS

LOW INCOME COUNTRY



Tanzania

Tanzania Situation Analysis

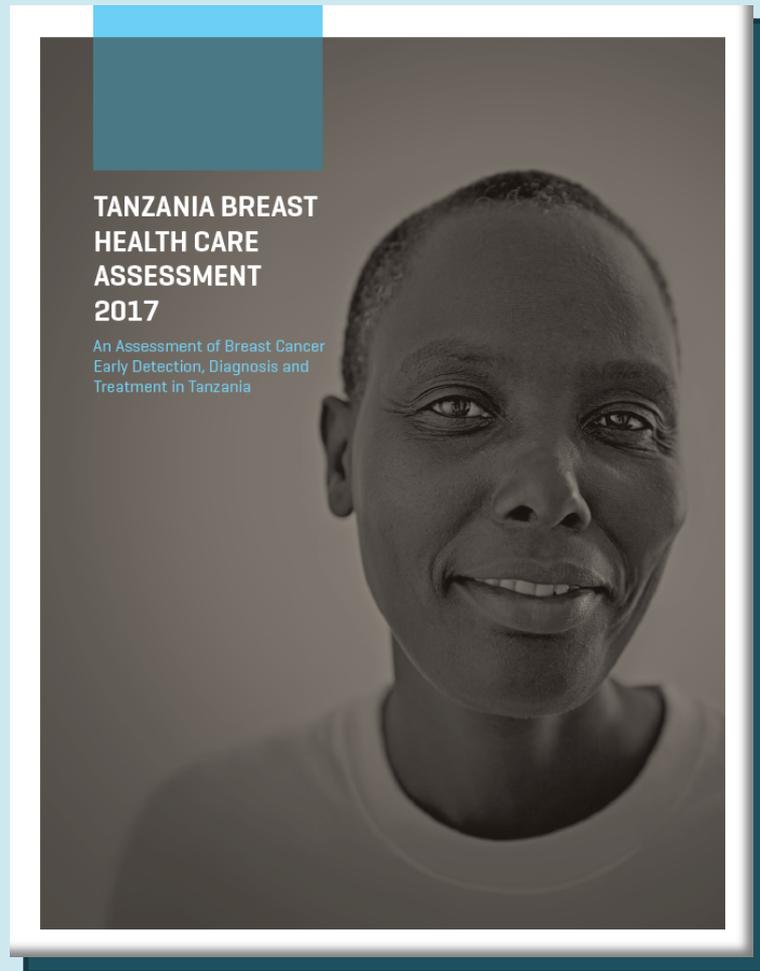
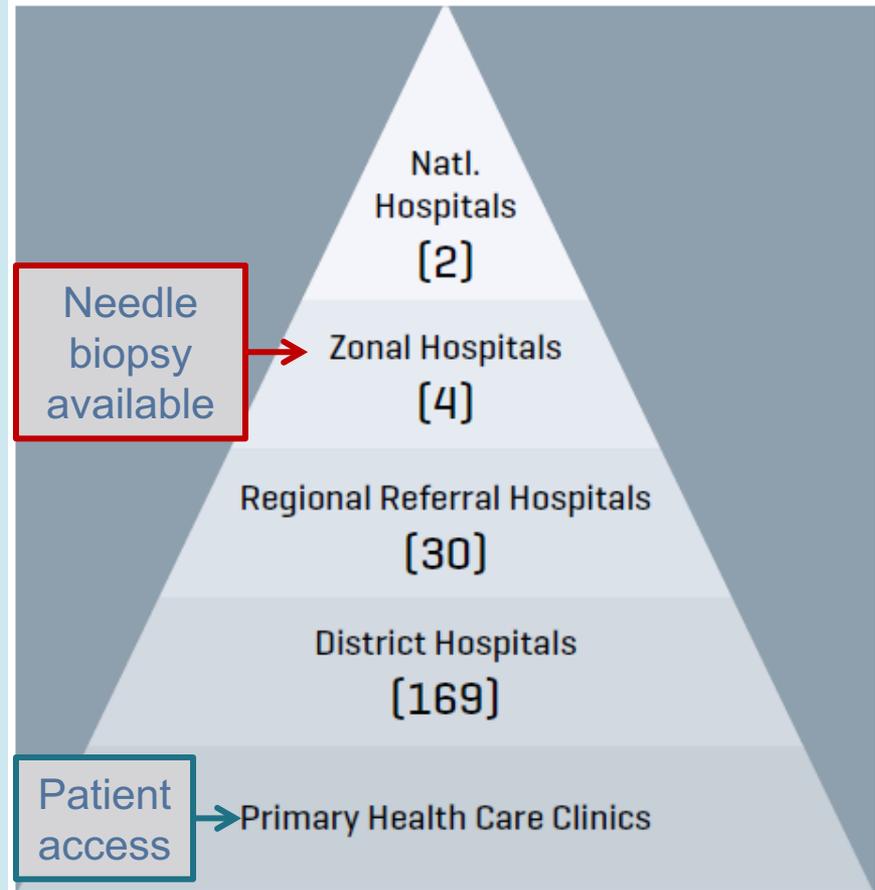


Figure 2: Tanzanian health care structure



Centralize or Decentralize?

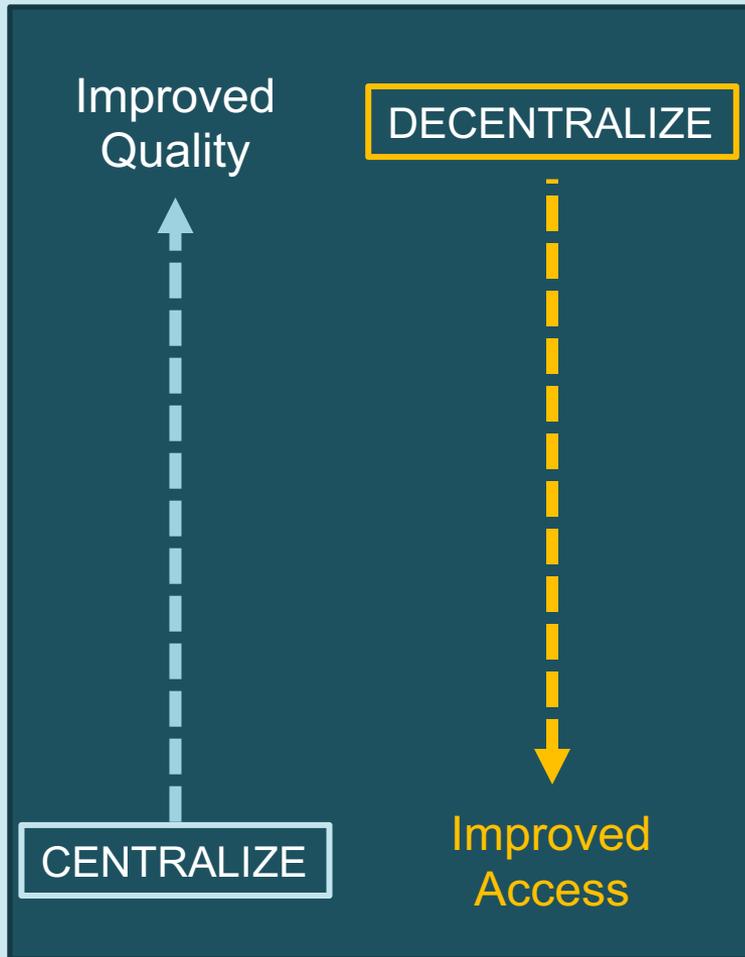
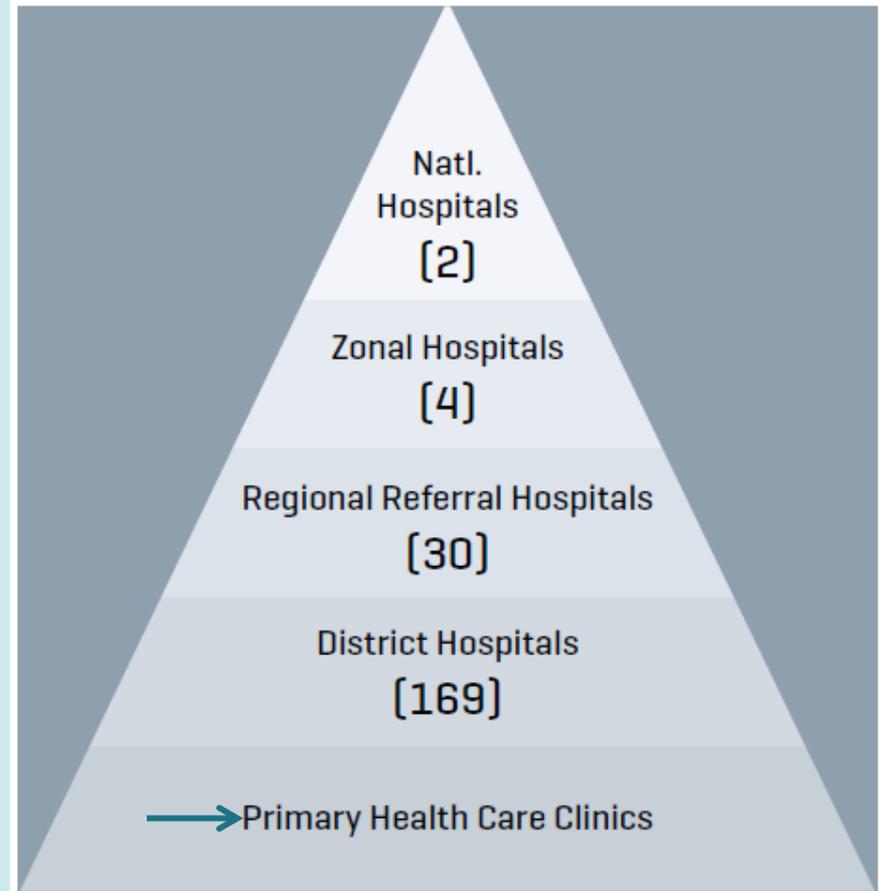
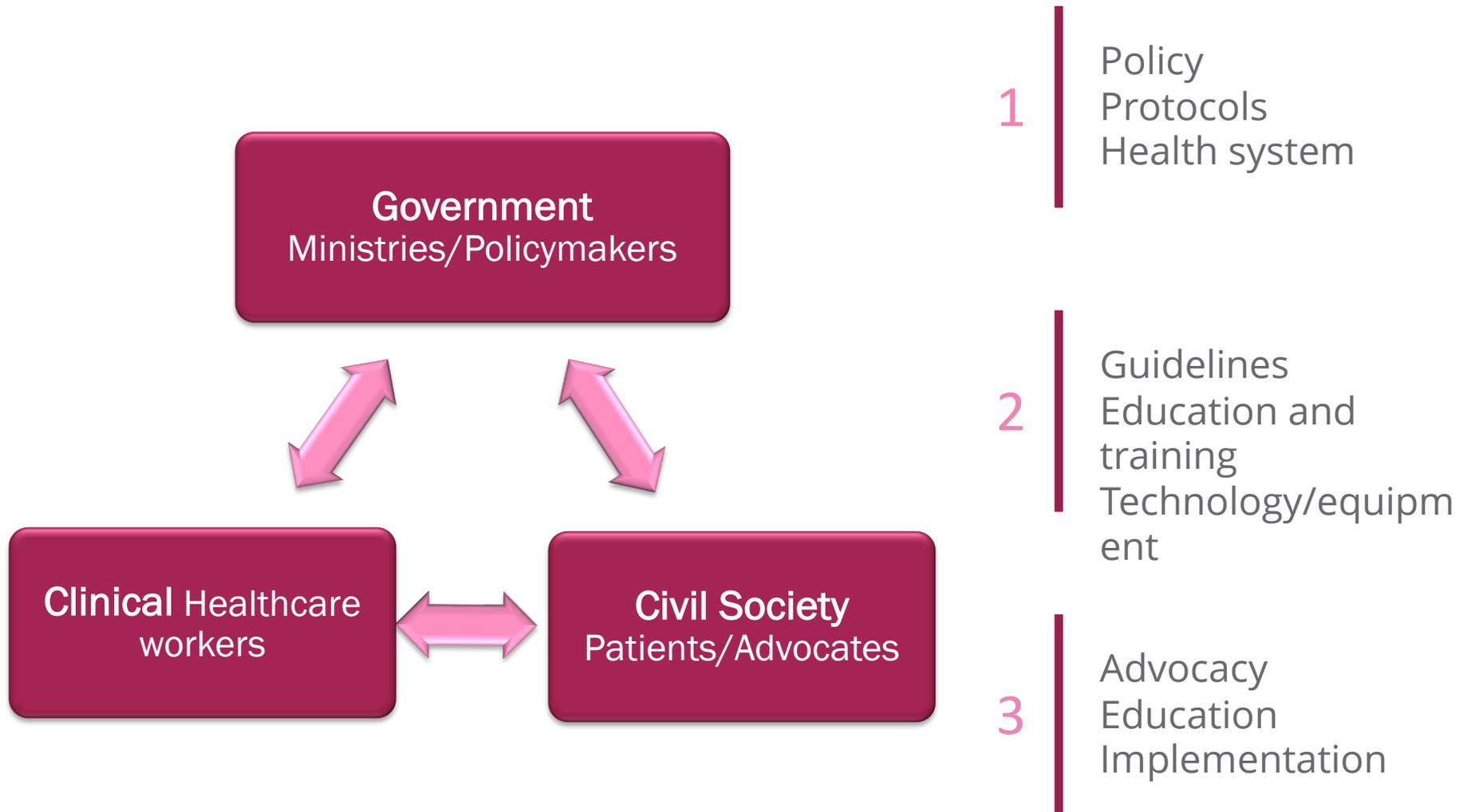


Figure 2: Tanzanian health care structure



KEY STAKEHOLDERS



A MODELING FRAMEWORK TO PRIORITIZE INTERVENTIONS FOR BREAST CANCER CONTROL

Ruth Etzioni

Jeanette Birnbaum

Catherine Duggan

Benjamin Anderson



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Three Modeling Steps

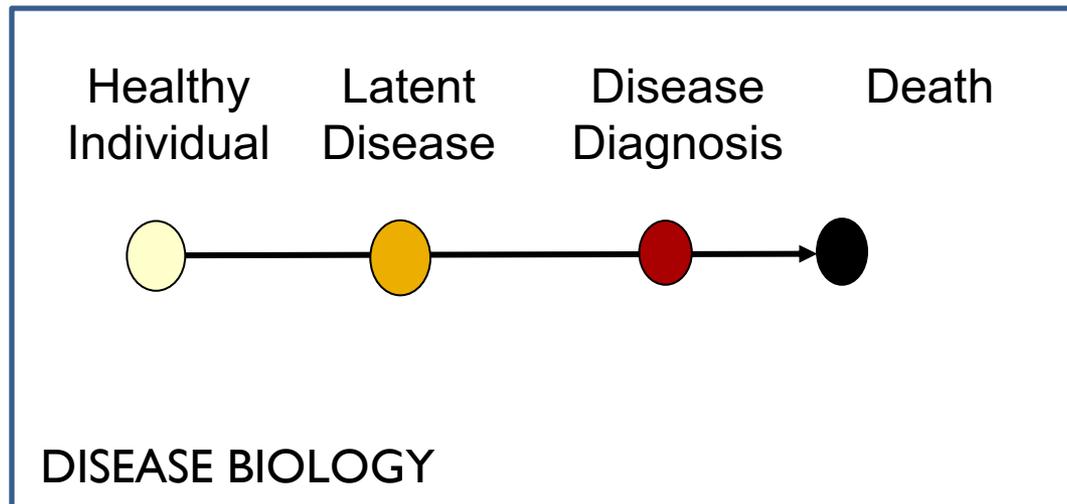
Decouple effect of screening from effect of treatment

– *Effect of screening*

- Reduce frequency of advanced disease
- (Additionally) May improve survival of localized disease

– *Effect of treatment*

- Improve stage-specific survival



Three Modeling Steps

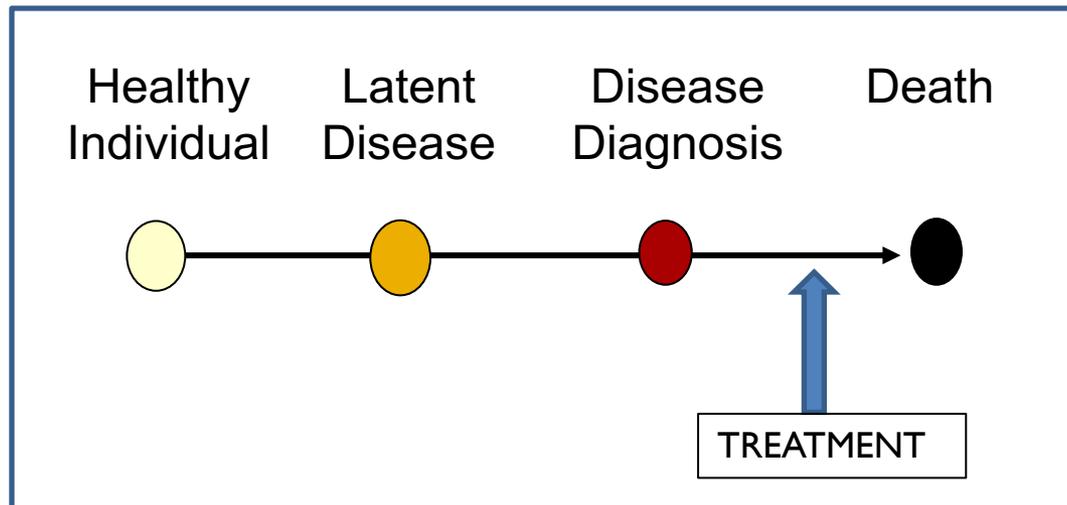
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Three Modeling Steps

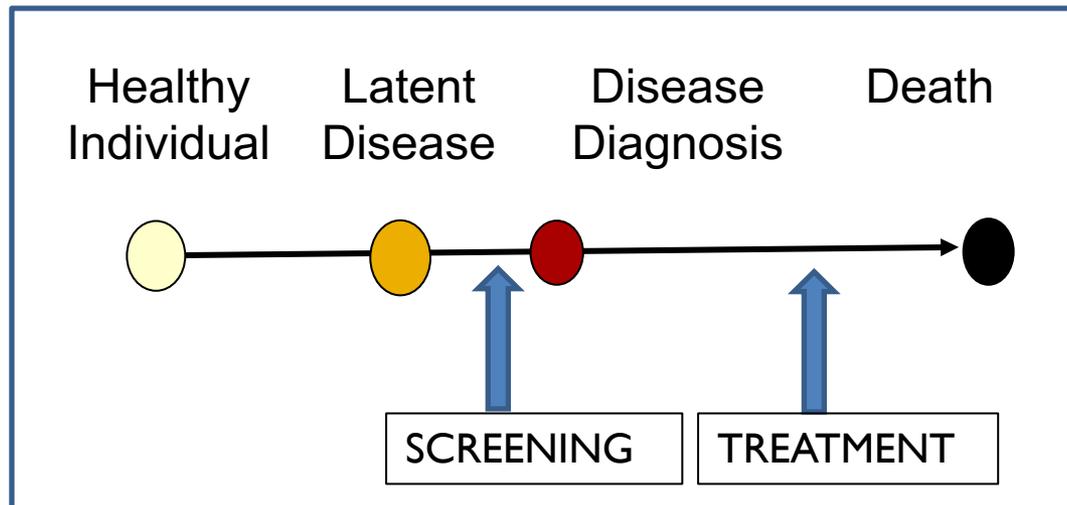
Decouple effect of screening from effect of treatment

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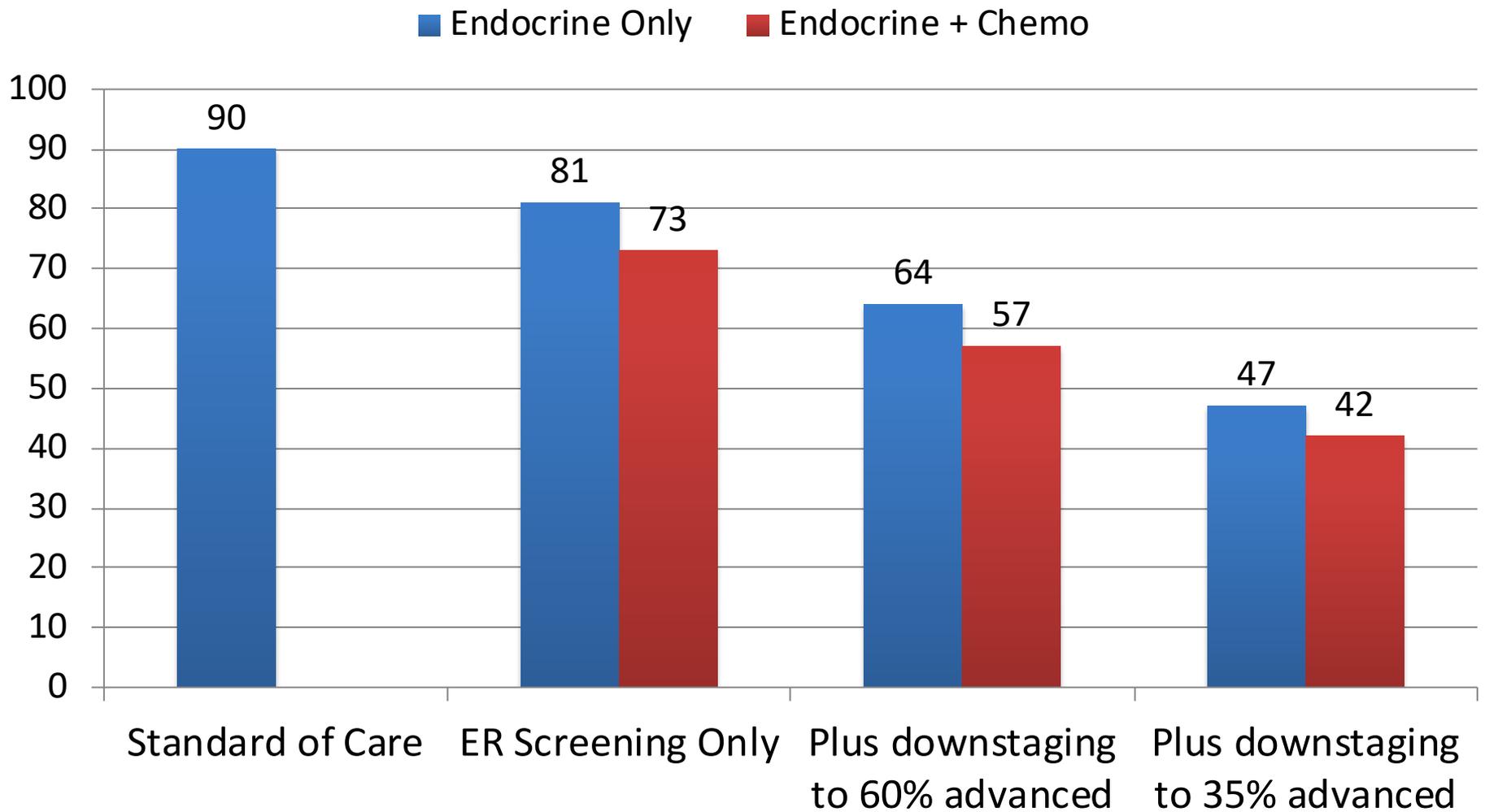
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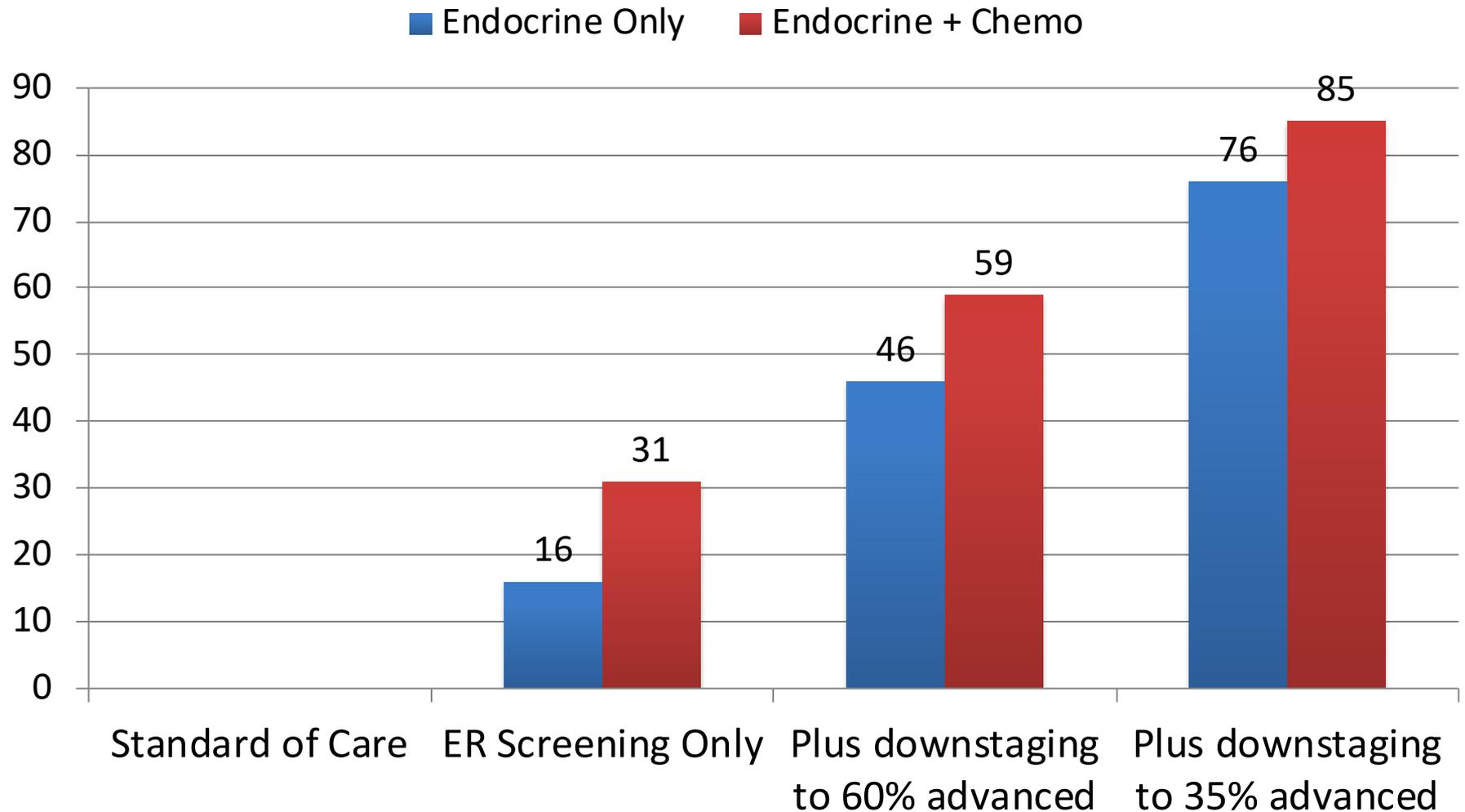
- Improve stage-specific survival



Tanzania: Breast Ca Mortality after 5 years per 100,000 ages 30-49



Tanzania: Years of Life Saved after 5 years per 100,000 ages 30-49





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LMC IMPLEMENTATION RESEARCH

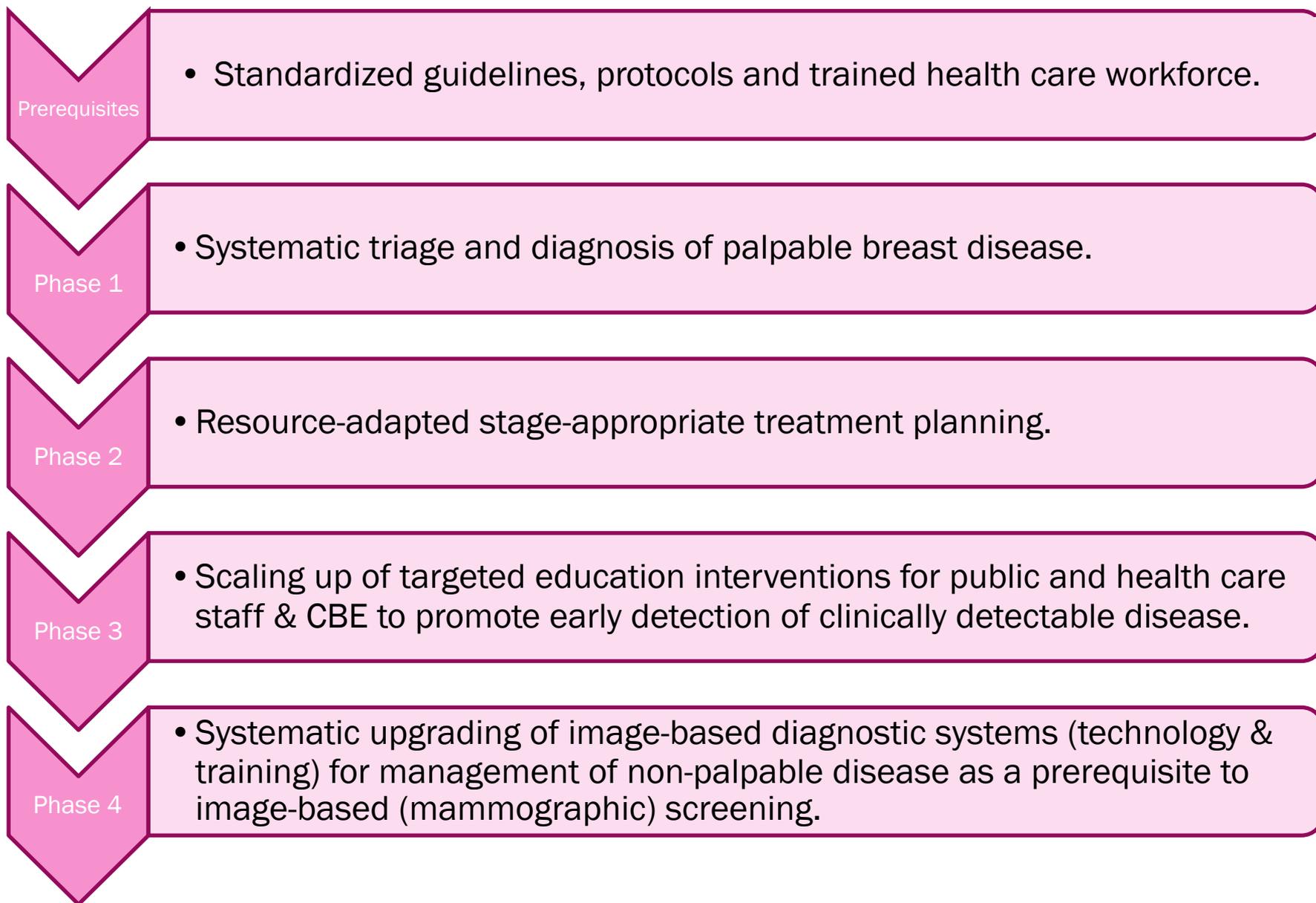
LOWER-MIDDLE INCOME COUNTRY



Peru

Early Detection and Patient Triage

PHASED IMPLEMENTATION



1



Hinchazón, calor, oscurecimiento o enrojecimiento de la mama.

2



Cambio en el tamaño y/o forma de la mama.

3



Hoyuelos o arrugas en la piel.

4



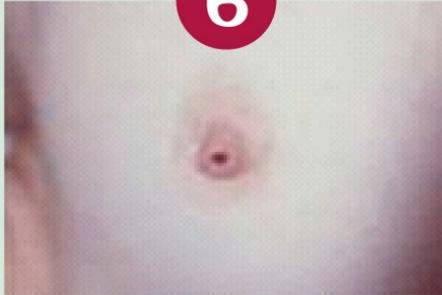
Picazón, úlceras o llaga escamosa en la piel o sarpullido en el pezón.

5



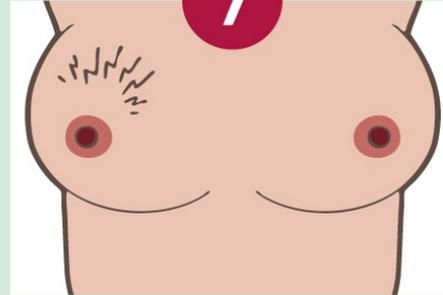
Hundimiento del pezón o de otras partes de la mama.

6



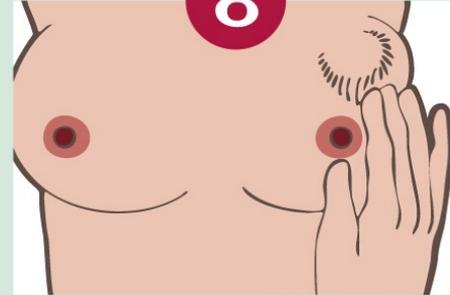
Secreción repentina del pezón.

7



Dolor reciente y persistente en alguna parte de la mama.

8



Aparición de alguna masa, bolita dura, o la piel más gruesa dentro de la mama.

SESION EDUCATIVA
PREVENCIÓN DE
CÁNCER DE MAMA



Peru Site Visit 2012

Public education about breast cancer and breast health

PLAN DE SUPERVISIÓN HOSPITAL REGIONAL DE LORETO

JUSTIFICACIÓN

OBJETIVOS

METODOLOGÍA

RESULTADOS

INFORME

- Capacitación de proveedores clínicos (obstetrices y médicos) en ECM.

- El 1 y 2 de julio de 2011, un grupo de médicos y enfermeras de INEN, IREN Norte y PATH, asistió a un curso conjunto en ECM y BAAF celebrado en IREN-Norte. Donde ocho obstetrices de la Red de Salud de Pacasmayo y tres médicos del Hospital La Fora recibieron la formación en teoría científica, aplicación práctica y orientación de pacientes con respecto al ECM.





Breast cancer care model



Regional Cancer Institute
(Trujillo)



La Fora Reference Hospital



Health Centers

- Mammography
- Pathology
- Surgery
- Chemotherapy
- Radiotherapy

- FNA

- Community education
- CBE

Photos courtesy of Ben Anderson

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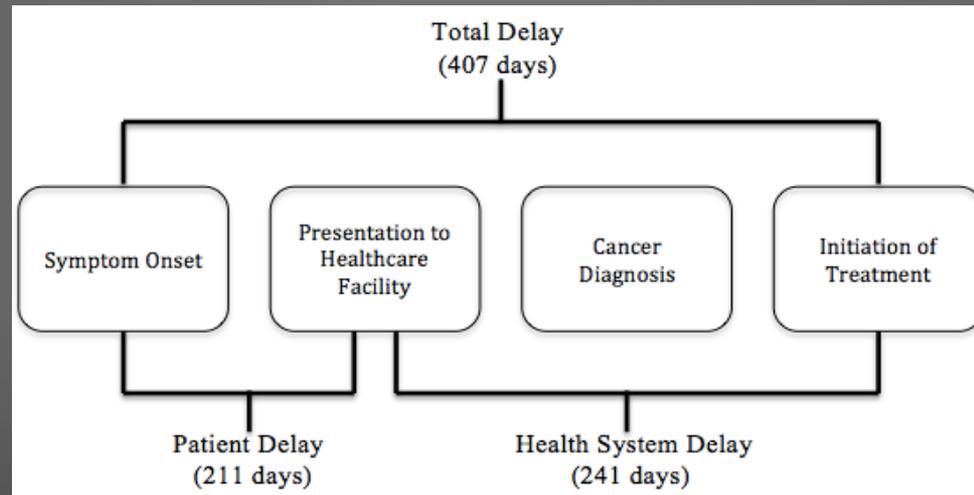
Two phases

- **Phase 1:**
 - Pilot demonstration of the model of care.
- **Phase 2:**
 - National scale-up of the model.
 - Integration of post-treatment support for patients:
 - Clinical support at the local level for women who need follow-up care and monitoring.
 - Psychosocial support in the community.



PERU IMPLEMENTATION RESEARCH SOURCES OF DELAYED DIAGNOSIS

- Cross-sectional study at regional cancer center (IREN Norte)
- All breast cancer patients who visited a surgeon (Feb - May 2015)
- Individual interviews: Breast Cancer Delays Questionnaire (Unger)
- **Outcomes: Delay (<90 day vs. >90 days) and Stage (0/I/II vs. III/IV)**





PERU IMPLEMENTATION RESEARCH

SOURCES OF DELAYED DIAGNOSIS

Table 3. Multivariate Analysis of the Association Between Breast Cancer Stage at Diagnosis and Clinical Breast Examination

| Factor | Early Stage at Diagnosis, OR (95% CI) ^a | | | |
|-------------------------------------|--|---------|-----------------------|---------|
| | Unadjusted | P Value | Adjusted ^b | P Value |
| CBE | | | | |
| Ever | 2.74 (1.18-6.36) | .02 | 2.44 (1.01-5.95) | .048 |
| Never | 1 [Reference] | NA | 1 [Reference] | NA |
| Monthly household income, S/ | | | | |
| ≤500 | 1 [Reference] | NA | 1 [Reference] | NA |
| 501-1000 | 1.90 (0.72-5.04) | .20 | 1.26 (0.44-3.59) | .67 |
| >1000 | 3.33 (1.04-5.04) | .04 | 1.74 (0.48-6.25) | .40 |
| Insurance | | | | |
| Government or none | 1 [Reference] | NA | 1 [Reference] | NA |
| Employer or private | 5.50 (1.66-18.20) | .005 | 4.30 (1.19-15.56) | .03 |



METRICS & QUALITY IMPROVEMENT

| <u>Guidelines</u> | <u>Quality Measures</u> |
|-------------------|-------------------------|
| ■ Comprehensive | ■ Targeted |
| ■ Prescriptive | ■ Observational |
| ■ Flexible | ■ Operational |



FRAMEWORK FOR MEASUREMENT

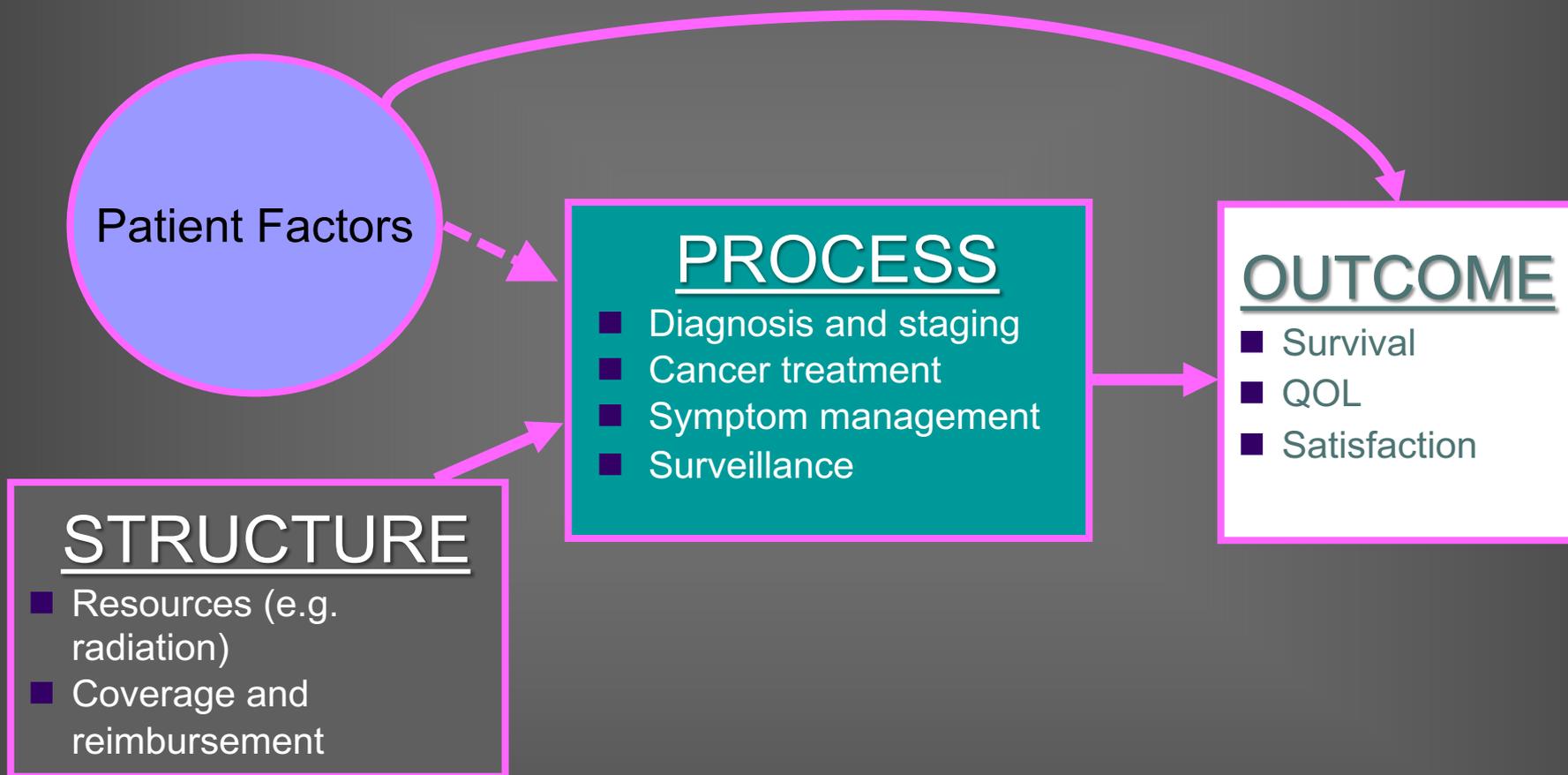




Table 1
Summary table of Quality Indicators in breast cancer care.

| Indicator | Level of evidence | Mandatory Recommended | Minimum standard | Target |
|---|-------------------|-----------------------|------------------|--------|
| Diagnosis | | | | |
| <i>Completeness of clinical and imaging diagnostic work-up</i> | | | | |
| 1. Proportion of women with breast cancer who preoperatively underwent mammography, physical examination and ultrasound of both breasts and axillae | III | M | >90% | >95% |
| <i>Specificity of diagnostic procedures (B/M ratio)</i> | | | | |
| 2. Ratio of benign to malignant diagnoses based on definitive pathology report (surgery only, non-operative biopsies excluded) | III | M | 1:4 | 1:5 |
| <i>Preoperative diagnosis</i> | | | | |
| 3a. Proportion of patients with invasive cancer who underwent image-guided axillary staging (by US ± FNA/CNB) | III | R | 85% | 95% |
| 3b. Proportion of women with breast cancer (invasive or in situ) who had a preoperative histologically or cytologically confirmed malignant diagnosis (B5 or C5) | III | M | 85% | 90% |
| <i>Completeness of prognostic/predictive characterisation</i> | | | | |
| 4a. Proportion of invasive cancer cases for which the following prognostic/predictive parameters have been recorded: histological type (according to WHO Classification of Tumours of the Breast), grading (according to WHO and EU Guidelines: Elston and Ellis modified Bloom and Richardson-Grading system Elston, CWet al. 1991), ER, PgR*, HER-2/neu, Proliferation index (Ki67)* *This marker is recommended but not mandatory, and does not need to be included in the calculation for compliance with the QI | II | M | >95% | >98% |
| Key | | | | |
| Basic/Core Indicators (highest priority) | | | | |
| Enhanced/Maximal Indicators (lower priority) | | | | |
| Treatment-related Indicators | | | | |



BREAST CANCER SCREENING: SCREENING MAMMOGRAPHY AUDIT

- Breast Imaging Reporting and Data System® (BI-RADS) provides lexicon to standardize mammographic reporting.
- BI-RADS lexicon is an evidence based tool for quality assurance, communication, research, and improved patient care.
- Screening mammography audit provides performance feedback to the institution and individual radiologist for quality improvement.

Screening Mammography Audit GE Healthcare IT
40 IDX Drive
P.O. Box 1070
Burlington, VT 05402-1070
(802) 862-1022
(802) 862-6848 FAX

Screening Mammography Audit Report
FDA Site: SCCA Mammography 224824
Aggregate Report
From: 01/01/2016 - To: 12/31/2016
Exam Type(s): All
Patient Type: All

| RAW DATA | | | | |
|--|------------|------------|------------|---------|
| DATA ITEM | | | | RESULTS |
| 1. Total screening cases | | | | 6406 |
| 1a. Screening | | | | 5891 |
| 1b. History of breast augmentation, asymptomatic | | | | 0 |
| 1c. Pre-reduction mammoplasty | | | | 0 |
| 1d. Personal history of breast cancer with conservation therapy | | | | 3 |
| 1e. Personal history of breast cancer with mastectomy | | | | 512 |
| 2. Total screening cases given Category 0, 4, or 5 | | | | 376 |
| 2a. Category 0 | | | | 375 |
| Imaging recall (Recommendation codes M,P,S,U,V,G,I,R) | | | | 325 |
| Film recall (Recommendation codes O, O-O, O-Q) | | | | 49 |
| Clinical recall (Recommendation codes E and Q) | | | | 1 |
| 2b. Category 4 | | | | 1 |
| 2c. Category 5 | | | | 0 |
| 3. Total screening cases, final assessment Category 4 | | | | 100 |
| 4. Total screening cases, final assessment Category 5 | | | | 13 |
| | Category 0 | Category 4 | Category 5 | |
| 5. Total cases from final assessment Categories 4/5, and total Category 0 cases directly resolved by pathology, that underwent core biopsy/FNA | 0 | 90 | 13 | 103 |
| 5a. Number of these that were malignant | 0 | 32 | 13 | 45 |
| 5b. Number of these that were benign | 0 | 48 | 0 | 48 |
| 5c. Number of these that were high risk | 0 | 10 | 0 | 10 |
| 6. Total cases from final assessment Categories 4/5, and total Category 0 cases directly resolved by pathology, that underwent surgical biopsy | 0 | 0 | 0 | 0 |
| 6a. Number of these that were malignant | 0 | 0 | 0 | 0 |
| 6b. Number of these that were benign | 0 | 0 | 0 | 0 |
| 6c. Number of these that were high risk | 0 | 0 | 0 | 0 |
| 7. Total cases from final assessment Categories 4/5 and total Category 0 cases lost to follow-up or refused biopsy | 6 | 4 | 0 | 10 |
| 8. Total cancers found that were DCIS | | | | 7 |
| 9. Total cancers found that were Invasive | | | | 36 |
| 10. Total Invasive cancers found for which axillary sampling was performed | | | | 0 |
| 11. Total Invasive cancers that were =< 1 cm in size | | | | 0 |
| 12. Total Invasive cancers showing negative axillary lymph nodes at surgery | | | | 0 |

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BREAST CANCER EPIDEMIOLOGY

UPPER-MIDDLE INCOME COUNTRY



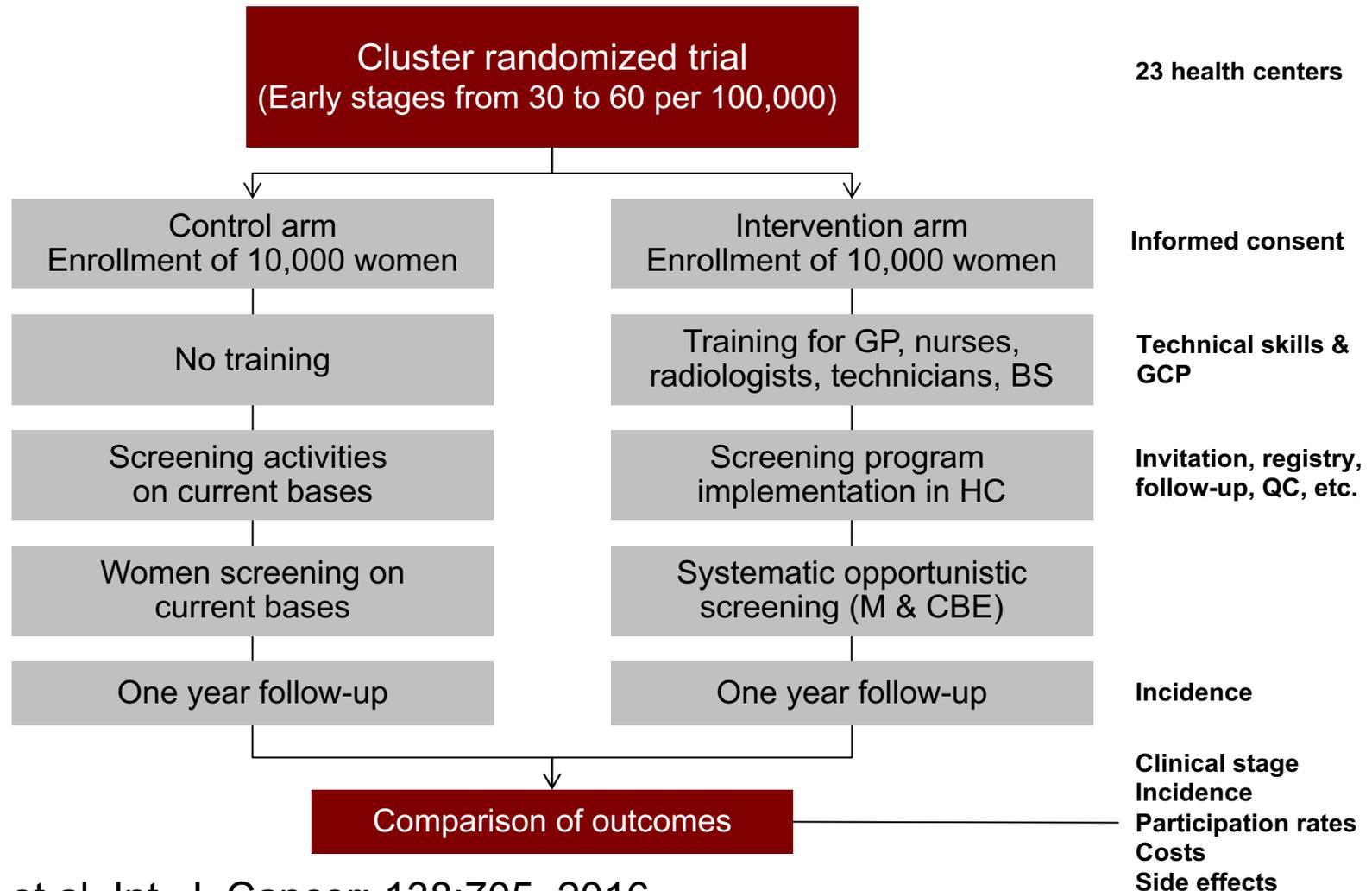
Colombia

National Early Detection Program

www.bhgi.info

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Study design for early detection of breast cancer in women 50 to 69



Final Cancer Diagnosis by Stage

| | | Intervention | | Control | | Total |
|--------------|---------|--------------|-----------|-----------|----------|-----------|
| Category | Stage | Year 1 | Year 2 | Year 1 | Year 2 | |
| Early | In situ | 3 (14.3%) | 1 (50.0%) | 0 | 0 | 4 |
| | I | 9 (42.9%) | 1 (50.0%) | 1 (7.7%) | 2 (40%) | 13 |
| | IIA | 3 (14.3%) | 0 | 5 (38.5%) | 1 (20%) | 9 |
| Advanced | IIB | 3 (14.3%) | 0 | 5 (38.5%) | 2 (40%) | 10 |
| | IIIA | 1 (4.8%) | 0 | 0 | 0 | 1 |
| | IIIB | 2 (9.5%) | 0 | 2 (15.4%) | 0 | 4 |
| Total | | 21 | 2 | 13 | 5 | 41 |

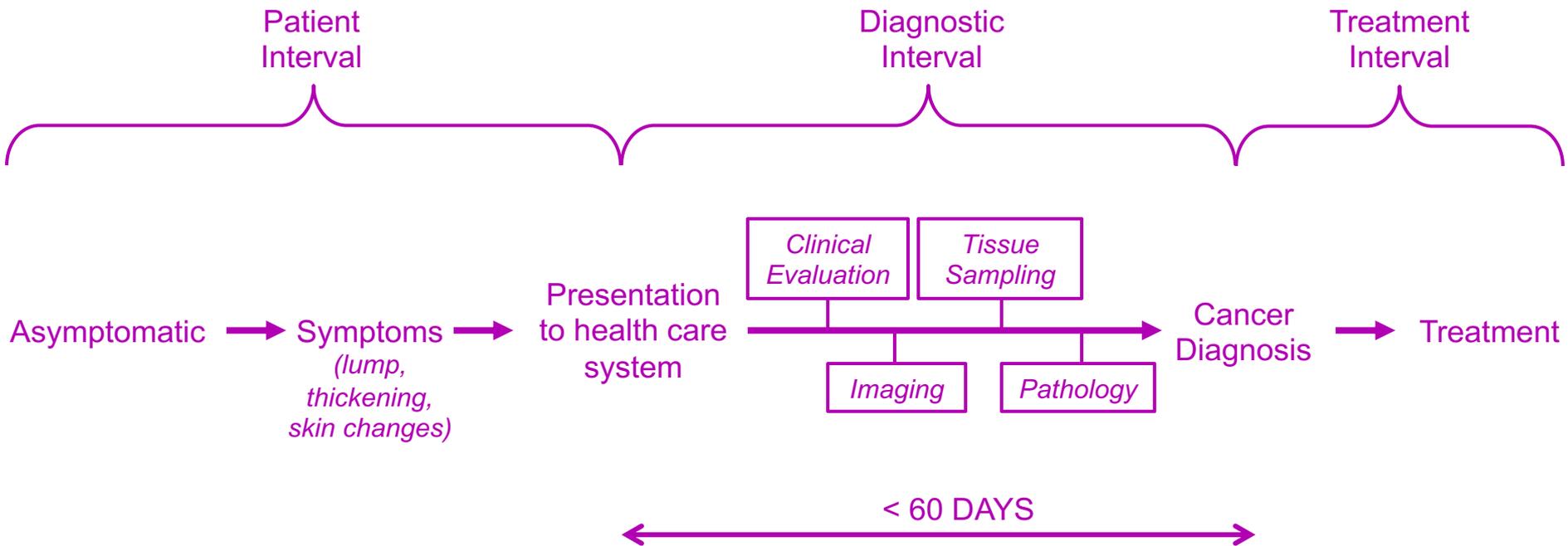
Clinical Stage by Type of Surgery

| | | Type of surgery received | | | Total |
|--------------|---------|--------------------------|-----------------------------------|------------|-----------|
| Category | Stage | None | Breast Conservation Surgery (BCS) | Mastectomy | |
| Early | In situ | 0 | 4 (16.7%) | 0 | 4 |
| | I | 0 | 10 (41.7%) | 3 (23.1%) | 13 |
| | IIA | 0 | 4 (16.7%) | 5 (38.5%) | 9 |
| Advanced | IIB | 1 (33.3%) | 6 (25.0%) | 2 (15.4%) | 10 |
| | IIIA | 0 | 0 | 1 (7.7%) | 1 |
| | IIIB | 2 (66.7%) | 0 | 2 (15.4%) | 4 |
| Total | | 3 | 24 | 13 | 41 |



CANCER CONTROL STRATEGIES

BREAST CANCER PATHWAY





CANCER MANAGEMENT FOR NIGERIA

SUMMARY

- Resource-stratified guidelines provide a framework for prioritizing sustainable health care strategies.
- Baseline assessments are necessary to determine next steps for sequential programmatic building.
- Phased implementation defines sustainable approaches that integrate into existing healthcare systems to improve outcome.
- Implementation research is the basis by which systematic improvements can best be measured.
- Improving breast cancer outcomes requires a systematic approach addressing the entire healthcare system.



The Breast Health Global Initiative

www.bhgi.info

**BREAST
CANCER
INITIATIVE 2.5**

Making breast health a global priority

www.BCI25.org